

ABOUT DR SHARAD P PAUL

Current Positions

Adjunct Professor, Auckland University of Technology, New Zealand
Senior Lecturer, School of Medicine, University of Queensland, Australia
Overseas Fellow, Royal Society of Medicine

Practicing At: Skin Surgery Clinic, 271 A Blockhouse Bay Road, Auckland 0600

Areas of Specialisation

Skin cancer—melanoma, basal cell cancer, squamous cell cancer and other skin lesions—
Diagnosis and surgery, including reconstructive surgery after skin cancer removals. I am
also available to be consulted on lumps and bumps, other skin conditions and skincare.

Description of Specialisation

I specialise in a wide range of Skin Conditions. I have a special interest in skin cancer
diagnosis using dermoscopy, skincare and skin cancer surgery and have developed several
new techniques and methods in the field of skin cancer surgery. My academic works have
been widely published internationally, and my findings are used internationally as a guide for
dermatologic surgery. After completing medicine, my residency training was in general and
plastic surgery. After completing three years of plastic surgical training, I decided to
specialise in skin cancer medicine and am now considered an international leader in the
field. My research interests are in skin lines to reduce scarring, sunscreens, and sun
damage.

Qualifications/Memberships

MB BS, 1988

Fellow of the Skin Cancer College of Australasia
Distinguished Fellow of the Royal New Zealand College of General Practitioners

NZ Medical Council Registration No. 20139 (Vocational/Specialist Register: General
Practice)

Research Degrees: M Phil (Medical Law and Ethics; Uni of Glasgow) M Phil (Skin Surgery;
Uni of Queensland)

Experience in Skin Cancer

Director of the Skin Surgery Clinic since 1996
Fellow of the Skin Cancer College of Australasia since 2007
Senior Lecturer (skin cancer) University of Queensland, Australia since 2004

Awards and Distinctions

Clinical Excellence Award for Skin Cancer Management, Waitemata DHB 2001
Health Innovation Award 2003
Awarded New Zealand Association's highest medical award, The Chair's Award, 2012
Ko Awatea International Excellence Award for Leading Skin Cancer Healthcare on a Global
Scale, 2015



**Ko Awatea
International Excellence in
Health Improvement Awards 2015**

WINNER

Award for
Leading Improvement on a Global Scale

**Sharad Paul
Skin Surgery Clinic**

*Dr Sharad Paul's role in improving skin cancer management,
education and patient-centred care internationally, across
several countries*

KO AWATEA


**COUNTIES
MANUKAU
HEALTH**



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Vienna, May 26th 2015

To whom it may concern

Please accept this letter in support of Dr. Sharad Paul whom I know personally for many years. I am Ao. Professor of Dermatology at the Medical University of Vienna, where I have been given the opportunity to evaluate the credentials of numerous physician-scientists over the years. Dr. Sharad Paul has developed an impressive reputation as a leader in the field of dermatology, dermato-oncology and skin cancer surgery, and is regarded as unique in the field of medicine because he has mastered the ability to manage so many disciplines. He has been singled out to present his work at many critical conferences all over the world attended by leading authorities in the field. I recently invited him to chair the surgical workshops at the World Dermoscopy Congress in Vienna. He is a remarkably multitalented person. He teaches creative writing to disadvantaged children, he was appointed into the National Commission of UNESCO as literacy adviser, and he is the author of several novels. Having read his books and being interested in literature myself I feel competent to say that he has great writing talents. He also developed interest in narrative medicine and aims at establishing such a program. Please let me explain why this effort deserves special attention.

Nearly 400 years lie between Hamlet's lament that "the time is out of joint" and Fukuyama's declaration of "the end of history". Fukuyama's diagnosis pertains to the evolution of past events of mankind as a whole that have come to an end in a political sense. Whether one agrees with this diagnosis or not the crucial point is that there is a narrative that holds the world together. If the history of mankind was just a chaotic sequence of events, preposterous and meaningless, the time would be really out of joint not just literally. Numerous historians, philosophers, sociologists and historians-philosophers-sociologists from Hegel to Derrida, from Nietzsche to Foucault and from Hobbes to Fukuyama, tried to set it right and to correct the dislocation. Medicine as a discipline cares as much about mankind as it cares about individuals. Medical history dissolves into individual stories. Each patient history is a unique narrative. Patients, like mankind, can be out of joint too if the narrative is missing. The famous case histories of Sigmund Freud and the novels and plays of his contemporary physician-literate Arthur Schnitzler pay tribute to the close relationship of narrative medicine

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and illness coping. The times that we call "postmodern" do not care too much about stories. We zap through our lives as we change TV-channels but we rarely watch a movie from the beginning to the end. We are highly connected but we fail to see the common thread behind short messages and headlines. We surf the internet for hours but we never arrive on the last page. Physicians take the personal history but they have no time to relate to personal stories. Our postmodern life keeps us busy but we do not make ends meet. We are, however, addicted to coherence. Nobody knows this better than patients who are seriously ill. Their first question almost always is "why and how?" The next question usually is "how will it end?" Especially when it comes to serious disabling illness or death we urgently need a coherent story, a personal narrative, which in the usual jargon is called "meaning".

We need somebody who creates coherence if we are "out of joint" and if we get stuck for the right word we need somebody to tell our story. We need Dr. Sharad Paul. In the same sense as the world needs historians-philosophers-sociologists for the history of mankind the world needs a physician-philosopher-literate for narrative medicine. Only a distinguished physician such as Dr. Sharad Paul with a sense for "stories" understands the importance of narrative medicine in improving patient-physician communication. He is the Sigmund Freud and Arthur Schnitzler of our times. I applaud everybody who supports him personally and his efforts to establish a program in narrative medicine.

Ao . Univ. Prof. Dr. Harald Kittler

'Renaissance man' wins NZMA's highest award

Wednesday, 5 December 2012, 11:05 am
Press Release: NZMA

The New Zealand Medical Association will today bestow its highest honour, the Chair's Award, on a doctor who is a true all-round achiever.

Auckland's Dr Sharad Paul has been described as a Renaissance man. This year alone, as well as juggling three medical roles, he was also a finalist for the New Zealander of the Year award and his second novel was published.

The Award is presented at the discretion of the NZMA Chair, to an individual or organisation which has made a substantial contribution to the health of New Zealanders

NZMA Chair Dr Paul Ockelford said today's award to Dr Sharad Paul was well deserved.

"His achievements are remarkable and remarkably varied. In addition to his medical roles, his Skin Surgery Clinic offers free skin cancer checks. He also invented a new skin graft technique, and he funds literacy programmes in low decile Auckland schools."

"It's no wonder he was nominated for New Zealander of the Year and reached the finals."

Dr Paul's major clinical interests are sun damage, skin repair, wound healing, management of skin cancers and facial reconstruction following removal of skin cancers.

As well as being director of the Skin Surgery Clinic, he holds the positions of honorary Senior Lecturer in Surgery at the University of Auckland and Senior Lecturer at the University of Queensland School of Medicine.

In 2007 he invented the first new skin graft technique that reduces costs, pain and healing time for patients, and he has presented this new technique at international conferences.

Outside of medicine Dr Paul runs an award winning café and bookstore called the Baci Lounge, in Newmarket. Proceeds are used to fund literacy programmes in low decile Auckland schools, with the aim of helping children to "dream with their eyes wide open." He has also served on the National Commission of UNESCO.

Dr Paul has been described in the media as "one of the most inspiring, intelligent and compassionate men you are likely to meet". TIME magazine, in 2008, called him "Open Heart Surgeon".

Dr Paul did his medical training in Madras, India, and came to New Zealand in 1991. He completed three years of general surgery and two years of plastic surgical training, including work at Hutt and Middlemore Hospitals as well as overseas. Later he also became a Fellow of the Royal New Zealand College of General Practitioners in 1999, and gained a Master of Philosophy in Medical Law and Ethics from the University of Glasgow in 2002. He is also a Fellow of the Skin Cancer College of Australasia.

He is also the published author of two literary fiction novels, Cool Cut (Picador 2007) and To Kill a Snow Dragonfly (4th Estate, Harper Collins 2012). He has completed a non-fiction book on skin to be released internationally in late 2012 by Collins.



CHAIR'S AWARD 2012

Presented to:

Dr Sharad Paul

*who has made an outstanding contribution
to health in New Zealand*


Chair

Dr Paul Ockelford


CEO

Lesley Clarke



The Royal New Zealand
College of General Practitioners
Te Whare Tohu Rata o Aotearoa



This is to certify that on the authority
of the Board of the College

Sharad Paul

was on this day awarded

DISTINGUISHED FELLOWSHIP

and shall be entitled to use the designation
Distinguished Fellow of The Royal New Zealand College of General Practitioners
FRNZCGP (Dist)

President

30 July 2016

Date